Sailing Trip Packing List

Three tried-and-tested packing lists to print and tick off: the essentials for every trip, a summer list for the Mediterranean and one for training trips. Items marked REQUIRED are the ones you cannot replace on the way — documents, licences and personal medication. Everything else is a recommendation.

Tip: bring a soft holdall rather than a suitcase — there is no room on board to stow hard-shell cases.

Basic sailing trip

The essentials for every sailing trip – the minimum that should always come along.

DOCUMENTS

☐	ID card / passport	1	REQUIRED
☐	Sailing licence(s)		REQUIRED
☐	Radio operator certificate		
☐	Health insurance card	1	REQUIRED

CLOTHING

☐	Sunglasses (with strap)	1	
☐	Deck shoes (non-marking soles)	1 pair	
☐	Rain jacket / foul-weather gear	1	
☐	Swimwear	2-3	
☐	Hat / cap	1	

SAFETY

☐	Sailing gloves	1 pair	

TOILETRIES

☐	Sun cream (SPF 50+)	1	
☐	Towels (thin, quick-drying)	2	
☐	Travel first-aid kit (personal medication)	1	REQUIRED
☐	Seasickness tablets		

ENTERTAINMENT

☐	Charging cables & power bank	1	

BOAT EQUIPMENT

☐	Torch / head torch	1	

OTHER

☐	Soft holdall (no suitcase!)	1	REQUIRED
☐	Earplugs	1 pack	

Mediterranean summer (1 week)

Optimised for a one-week summer trip in the Mediterranean (Croatia, Greece, Sardinia, etc.).

DOCUMENTS

☐ ID card / passport	1	REQUIRED
☐ Sailing licence(s)		REQUIRED
☐ Health insurance card	1	REQUIRED

CLOTHING

☐ Shorts	3-4	
☐ T-shirts / tops	5-6	
☐ Light jumper / fleece (for the evenings)	1	
☐ Swimwear	2-3	
☐ Light long trousers (for restaurants)	1	
☐ Flip-flops / sandals	1 pair	
☐ Deck shoes (non-marking soles)	1 pair	
☐ Sunglasses (with strap)	1	
☐ Rain jacket (light)	1	
☐ Hat / cap	1	

TOILETRIES

☐ Sun cream (SPF 50+)	1	
☐ After-sun lotion	1	
☐ Insect repellent	1	

ENTERTAINMENT

☐ Snorkelling set	1	
☐ Diving mask	1	
☐ Charging cables & power bank	1	

BOAT EQUIPMENT

☐ Dry bag for valuables	1	

OTHER

☐ Soft holdall (no suitcase!)	1	REQUIRED
☐ Earplugs	1 pack	

Skipper training / training trip

For training trips and skipper training – including study materials and navigation tools.

DOCUMENTS

☐ ID card / passport	1	REQUIRED
☐ Existing sailing licences		REQUIRED
☐ Health insurance card	1	REQUIRED
☐ Textbook / course materials		REQUIRED
☐ Notebook & pen	1	

CLOTHING

☐ Deck shoes (non-marking soles)	1 pair	
☐ Rain jacket / foul-weather gear	1	
☐ Waterproof trousers	1	
☐ Warm hat	1	

SAFETY

☐ Sailing gloves	1 pair	

NAVIGATION

☐ Navigation set (dividers, plotting triangles)	1 set	
☐ Chart 1 (practice chart)		
☐ Binoculars	1	
☐ Hand-bearing compass	1	

TOILETRIES

☐ Sun cream (SPF 50+)	1	
☐ Travel first-aid kit (personal medication)	1	REQUIRED
☐ Seasickness tablets		

BOAT EQUIPMENT

☐ Torch / head torch	1	

OTHER

☐ Soft holdall (no suitcase!)	1	REQUIRED
☐ Earplugs	1 pack	

This template comes from Sailto

In Sailto the whole crew ticks off the same list together: system templates as a starting point, required items set by the skipper and personal additions only you can see. Organising your trip is free, permanently.

sailto.app/en